



# Buffalo Breakfast October 2024



Mon, 9 /30	Tue, 10 /1	Wed, 10 /2	Thu, 10 /3	Fri, 10 /4
Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk	Muffin or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 10 /7	Tue, 10 /8	Wed, 10 /9	Thu, 10 /10	Fri, 10 /11
Cinnamon Toast Yogurt or Cereal & Toast Fruit Juice Milk	Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	Breakfast Scramble Toast or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk
Mon, 10 /14	Tue, 10 /15	Wed, 10 /16	Thu, 10 /17	Fri, 10 /18
Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Waffles & Syrup or Cereal & Toast Fruit Juice Milk	No School
Mon, 10 /21	Tue, 10 /22	Wed, 10 /23	Thu, 10 /24	Fri, 10 /25
No School	Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	Breakfast Calzone or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 10 /28	Tue, 10 /29	Wed, 10 /30	Thu, 10 /31	Fri, 11 /1
No School	Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



# Buffalo Lunch October 2024



Mon, 9 /30	Tue, 10 /1	Wed, 10 /2	Thu, 10 /3	Fri, 10 /4
Bacon Ranch Mac & Cheese Green Beans Side Salad Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Dinner Roll Fruit Milk	Beef Hot Dog Baked Beans Glazed Baby Carrots Fruit Milk	PB&J Sandwich Doritos Baby Carrots Fruit Milk	Nacho Bar (Chicken, Queso and Tortilla Chips) Mexican Salad Salsa Fruit Milk
Mon, 10 /7	Tue, 10 /8	Wed, 10 /9	Thu, 10 /10	Fri, 10 /11
Spaghetti & Meat Sauce Green Beans Baby Carrots Garlic Knot Fruit Milk	Grilled Cheese Tomato Soup Cucumber Slices Fruit Milk	Personal Pizza Caesar Salad Cucumber Slices Fruit Milk	Pulled Pork Sandwich French Fries Fruit Milk	Chicken Quesadilla Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 10 /14	Tue, 10 /15	Wed, 10 /16	Thu, 10 /17	Fri, 10 /18
Glazed Ham Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Milk	Nacho Bar (Beef, Queso and Tortilla Chips) Chili Beans Salsa Fruit Milk	Breaded Chicken Sandwich Garden Salad Baby Carrots Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Cucumber Slices Dinner Roll Fruit Milk	No School
Mon, 10 /21	Tue, 10 /22	Wed, 10 /23	Thu, 10 /24	Fri, 10 /25
No School	Pizza Italian Salad Baby Carrots Fruit Milk	Chicken Spaghetti Green Beans Baby Carrots Breadstick Fruit Milk	Cheeseburger French Fries Fruit Milk	Chicken Soft Taco Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 10 /28	Tue, 10 /29	Wed, 10 /30	Thu, 10 /31	Fri, 11 /1
No School	Waffle(s) and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Fruit Milk	BBQ Chicken Sandwich Caesar Salad Baby Carrots Fruit Milk	Personal Calzone Marinara Sauce Cucumber Salad Fruit Milk	Taco Soup Chili Beans Tortilla Chips Salsa Fruit Milk

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